

Meet the Staff

Jon Mattleman

Director

MS Counseling

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"Growing up is hard for both youth and parents...and my passion is to create resources, programs, and clinical supports to assist youth and families through this life stage."

Katy Colthart

Social Worker

MSW, LICSW

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"Why do I do what I do? When I was a teen I wish I had someone like me to talk to...and I have dedicated my career to being the type of person kids and teens can approach and relate to."

Elizabeth Loveless

Social Worker

MA Counseling, LMHC

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"My goal as a clinician is to create a safe and welcoming place that children and teens can come to and work through their concerns. I hope to provide care, comfort and creative solutions."

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Maria Papantoniou
Office Manager

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"As a resident of Needham and a parent, I am excited to be a part of these outstanding services that support young people in our community and their families. Helping our youth deal with the stress of social issues and peer pressure is something I feel strongly about."

Elisabeth Compton
BA, Graduate Clinical Intern

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"Childhood and adolescence can be difficult to navigate on your own. My goal is to be a support for youth through this process, helping them identify the resources within to overcome obstacles during this stage of life."

Adina Alpert
Social Worker
MS Counseling Psychology

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"I am very excited to be a part of the Needham community. My passion has always been working with children and their parents to make the difficult transitions in life a little easier."

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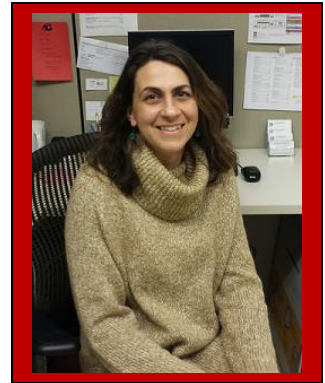
Alexandra Kosciak

Social Worker

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“As a parent and a professional I find myself motivated by a desire to nurture a strong and healthy sense of self in all children.”